

## Welcome

Welcome to the AQUATAICHI® page. The Spanish Association of Techniques of Aquatic Contact (AETCA) is responsible for the presentation and sharing of this method.

This site is set up so that one can find information about the technique, where and when courses are, and how to contact us to. We strongly encourage contacting us if you have any questions about how to be an instructor or places to go to practice AQUATAICHI®.

This method takes body work concepts from older cultures and joins it with modern day needs and places it into the water world. It has a diverse implementation depending on personal needs due to the holistic values of the modality. It can be used for personal building but can also be professionally used to give group classes, personal training, or water therapy.

AQUATAICHI® allows a diverse range of work possibilities for the growth of wellness in the aquatic medium.